

FCARES Go-Kit Checklist

When responding to an emergency event, or a training exercise, there is a minimum set of equipment and personal gear you should bring with you. This is for a 2-4 hour deployment. Basic items include:

- 2-meter/70 cm hand-held dual-band radio with user manual
- Earbud or headphone
- Pens, pencils, paper and ICS forms.
- Clipboard
- ARES ID card, FCC license, other important IDs
- Extra batteries
- Appropriate clothing for the event and safety vest
- Food and water
- Phone lists and contact information
- Maps of the area

These items should be kept in a “Go-Kit” bag.

Extended (24 hour) Go-Kit Checklist

Radio and operating supplies

- 2-meter/70 cm mag-mount antenna with coax and/or J-pole or roll-up antenna
- Extra radios
- Patch cords/Pigtail
- Coax adapter – connect HT to coax and coax to antenna jack
- Extra coax cable
- Power cord adapters to connect HT to power poles, cigarette lighter socket, vehicle battery terminal
- Portable charger to charge your radios, batteries, phone etc.
- Message forms – ICS 213, ICS 214, ICS 309 and log book
- County Band Plan and frequency information

Personal Needs

- Personal items – Prescriptions, pain meds, eyeglasses, hearing aid batteries etc.
- Safety gear – vest, whistle, sunglasses, sunscreen, mask, safety glasses etc.
- Flashlight with extra batteries
- Alarm clock
- Snacks
- First aid kit
- Tools – Electrical, gaffers and duct tape, zip ties, utility knife, multi-tool, zip top bags
- Rain gear
- Money

Add-on Kit for Extended Deployment (72 Hours)

- 3-day change of appropriate clothes
- 3-day supply of water and food
- Extra pens and pencils and supplies
- Extra Batteries, lighting, power source
- Shelter (tent, sleeping bag, pad)
- Portable stove; mess kit with cleaning kit (if applicable) and waterproof matches
- Toiletries – Soap, toilet paper, towel, toothbrush, toothpaste, throat lozenge etc.